

Family Support - Management

We support our employees in growing their families and offer many resources at various stages. Contact HR Services at HR.Services@nypa.gov or 914-287-3114 with any questions. Some resources below require you to contact your medical plan directly. Visit nypa.gov/benefits > Contact Us for vendor contact information.

Parental Leave

After six months of employment, you may be eligible for 11 weeks' paid leave based on your annual salary to bond with a newborn, newly fostered or adopted child. Parental leave will coordinate with Family and Medical Leave and NYS Paid Family Leave when applicable. Contact your local HR representative for more information.

Lactation Consultants

Compassionate and professional breastfeeding guidance and instructions are available through your NYPA medical plan. Contact your medical plan for details.

Fertility treatment/egg preservation services

In vitro fertilization and fertility preservation services deemed medically necessary due to treatment that may directly or indirectly render a person infertile, such as surgery, radiation or chemotherapy may be covered. Contact your medical plan for details.

Breast pump

Available through our medical plans with choices of top brands and upgrade options.

Mother's lounge

Private, comfortable, and sanitary pumping areas, including daily milk storage, are available in each NYPA location.

Milk storage and shipping solution

If you're traveling for NYPA business, we offer milk storage and shipping options while you're away from home.

Family counseling

Family counseling is available through our Employee Assistance Program. Call 800-833-8707 or visit the EAP website at myccaonline.com, company code: NYPA.

24-hour concierge service

You can also get 24-hour help through our Employee Assistance program on topics such as milk storage, childcare assistance, adoption-related services, infant/toddler yoga and more.

New York State resources

Especially during these times, you may need help locating childcare. In addition to our NYPA resources and the EAP, New York State has resources at [ny.gov/services/find-child-care-providers-new-york-state](https://www.ny.gov/services/find-child-care-providers-new-york-state).